



# Chestnuts Care Home Newsletter



December 2020

## Welcome

Welcome to the monthly newsletter for The Chestnuts Care Home.

This newsletter is for residents, families and staff and is also published on our website at

[www.chestnutscarehome.co.uk](http://www.chestnutscarehome.co.uk)

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Meopham,  
Kent,  
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## Monday 14<sup>th</sup> December

Cake decorating with Mo continues in the dining room!



Santa will be doing a drive through Meopham - day and time to be confirmed

Resident swabbing will be on Wednesday 2<sup>nd</sup> December in the morning

## Tuesday 22<sup>nd</sup> December 2.30pm

Santa will be visiting the home, we will be enjoying music, nibbles and the residents will be performing Christmas carols!!



## Friday 4<sup>th</sup> December

Tamla will start putting the Christmas decorations up with some help from Trev!

Residents meeting with Tamla will be held on Thursday 17<sup>th</sup> December

Arts and Crafts continues every Tuesday afternoon 3-4pm in the cabin!

Sharon has started doing Christmas crafts!

## Coronavirus Update

Staff are wearing masks and PPE to protect themselves and the residents.

If you have to go to hospital for a planned appointment or emergency then after your return we are self-isolating residents for 14 days.



If you drop anything off for residents then please ensure it is labelled and brought to the front of the house and not given to residents out the back.

Staff are being tested every week and residents are being tested every 28 days. Please watch the Chestnuts Facebook page for any updates!

Get together with Lesley will be on Wednesday 2<sup>nd</sup> December at 2.15pm

We will be enjoying afternoon tea and mince pies



## Residents and Staff Birthdays!

Elsie - 9<sup>th</sup> December

Eileen - 3<sup>rd</sup> December - she will be 90!!

Lola 26<sup>th</sup> December

Tamla - 14<sup>th</sup> December a big one 50!!

Suki - 16<sup>th</sup> December

María - 24<sup>th</sup> December



*Residents Corner.....*

*Lockdown 2020*



*When the virus came in meopham,  
All was transformed overnight,  
Gone was all that cheerful chatter,  
That had been a merry sight,*

*Now if venturing out for shopping,  
You see a friend you would like to meet,  
You don't catch up with all the gossip,  
But you quickly cross the street,*

*In the Chestnuts we are looked after,  
With such kindly loving care,  
Wearing masks, staff do their duties,  
We're so lucky to be there,*

*Few visitors, no trips, no outings,  
Does this mean we're feeling sad?  
No, for staff play games or quizzes-  
Anything to keep us glad,*

*Lockdown is a time of darkness,  
Like a tunnel on a train,  
But at the end of every tunnel,  
Welcome brightness comes again.*

*By Pearl Norman - Room 30*



*The garden visits continue with 1 designated family member/visitor. Visits are now being booked for the cabin.*

*Tamla will be here Christmas day and assisting with cabin visits in the morning and facetime calls to families.*

*Throughout December Tamla will be doing video messages with individual residents to send to loved ones!*

*We also have an iPad now so let Tamla know if you would like to complete a video call!*

*Through December we will be having Christmas quizzes, Christmas sing a longs and keep a look out on the board for what's going on daily!*

*Residents have been enjoying choir practice! We have also enjoyed a new quiz called "name the TV show!"*

*Staff have continued to be tested weekly and residents every 28 days, residents where all clear last time we tested and staff continue to have no positive cases.*

*Sarah continues to print off the Sunday Church sermon for residents and this is placed on the side board in the dining room.*

*Mo continues to come in Tuesday afternoons and all day Wednesdays to do residents hair and gets tested weekly with the staff. Sharon also gets tested weekly with the staff*

*We enjoyed a lovely afternoon for Lilian's 90<sup>th</sup> Birthday and she had a beautiful cake!*

*A message from Lilian!*

LILIAN  
A BIG THANK YOU ALL  
FOR MAKING MY 90<sup>th</sup> BIRTHDAY  
PARTY A VERY HAPPY ONE  
TAMLA. DONE A GREAT  
JOB. I HAD 6~~4~~ BIRTHDAY  
CARDS. AND I DONE VERY  
WELL PRESENT WISE

2020  
THANKING YOU ALL  
FOR MAKING IT MEMORABLE  
DAY

LOUE  
LILIAN

# MERRY CHRISTMAS

## Wordsearch

Search for the words going up, down, left and right.

T	U	K	E	B	S	N	Y	Y	V	G	I	I	O	X
L	D	P	Y	O	O	V	F	Q	S	N	O	G	N	U
U	S	G	N	I	T	E	E	R	G	I	W	Q	Z	B
J	D	X	D	E	J	O	W	E	I	L	L	T	K	R
J	J	O	B	E	K	T	O	D	N	O	W	N	E	Q
Q	U	S	R	R	N	E	B	D	G	R	R	E	C	K
Q	S	A	N	T	A	L	R	M	E	A	E	M	X	V
P	R	E	S	E	N	T	S	X	R	C	A	A	I	Y
I	Z	M	J	X	F	S	F	U	B	M	T	N	Y	U
J	E	D	Q	T	E	I	Z	B	R	C	H	R	M	L
X	B	D	N	R	L	M	M	C	E	K	V	O	K	E
M	L	M	X	S	T	R	M	F	A	X	N	I	Q	T
M	S	Z	Z	E	Q	S	W	U	D	N	D	L	Q	I
H	I	H	A	N	U	T	C	R	A	C	K	E	R	D
V	R	F	A	B	K	W	T	S	E	V	L	E	N	E

YULETIDE  
GREETINGS  
CAROLING  
PRESENTS

WREATH  
NUTCRACKER  
TREE  
MISTLETOE

SANTA  
GINGERBREAD  
ORNAMENT  
ELVES



womanofmanyroles.com

