



Chestnuts Care Home Newsletter



January 2021

Welcome

Welcome to the monthly newsletter for The Chestnuts Care Home.

This newsletter is for residents, families and staff and is also published on our website at www.chestnutscarehome.co.uk

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Thank you to all residents and relatives who gave gifts and presents to the staff.... It was much appreciated!

Resident swabbing will be on Wednesday 6th January in the morning

Activities with Tamla set out for the week:

Mondays - Daily and Sparkle and Quiz

Tuesdays - Motivation 11am and arts and crafts 3pm

Wednesdays - Manicures

Thursdays - Music afternoon

Fridays - Reminiscing and Daily Sparkle

Roxy will be here with us on Friday 29th January all Day attending to feet!



Residents meeting with Tamla will be held on Thursday 21st

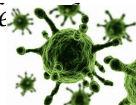
Staff would like to thank residents for their joyful Christmas Carols sung just before Christmas!!



Coronavirus Update

Staff are wearing masks and PPE to protect themselves and the residents.

If you have to go to hospital for a planned appointment or emergency then after your return, we are self-isolating residents 14 days.



If you drop anything off for residents then please ensure it is labelled and brought to the front of the house and not given to residents out the back.

Staff are now being tested 3 times a week and residents are being tested every month. Please watch the Chestnuts Facebook page for any updates!

Get together with Lesley will be on Thursday 7th at 2.15pm

We will be enjoying afternoon tea and cake



Residents and Staff Birthdays!

Margot - 18th January

Doreen - 21st January

Lisa W - 2nd January

Sarah - 9th January

Kathy - 12th January

Sinthu - 16th January

Lisa B - 17th January

Ebony - 20th January

April - 23rd January



Residents Corner.....



Prologue.....

This is the story of a 17-year-old girl brought up in a Christian household in Syria, who found herself involved in The dreadful air raids in that country, which killed hundreds of innocent citizens as well as flattened so many homes.....

I don't know where I'm going but I'm going...

*I see a line of walkers,
marching in full flight,
I think I'd better join them,
Their plans may be right*

What happened when we reached the shore?

*I really cannot tell,
The boat was over crowded
But they squeezed me in as well
What sort of journey would this be?
My first time on a boat,
The sea was very stormy
Would we remain afloat?
And who will help me when we land,
Who is there to hold my hand,
I saved the answer in my loss,
Jesus Christ, upon the cross*

I don't know where I'm going, but I'm going.....

*I have to leave the country that I love,
The stars aren't shining anymore,
Only bombs from up above,
I'll never forget my little room
In a home we called our own
It's now a heap of rubble
Unkept and overgrown
I don't know how it happened
But I came out of alive
Mother and father both were crushed and neither would survive
The only thing I rescued was a symbol by my bed
I want to have that near me for the days that lie ahead
I'm now not known to anyone. I'm just another name*



Christmas this year was a little different for both residents and staff! Normally the home is bustling with visitors and lots of resident go out however this year was spent all together, eating Christmas lunch and opening presents.

The garden visits in the cabin have now been put on hold due to Government guidance however we continue to do window visits, telephone calls, WhatsApp calls and face timing daily.

Staff are now being tested 3 times a week due to the increase in the cases of COVID -19, residents continue to be tested every month, however more if needed or other symptoms occur.

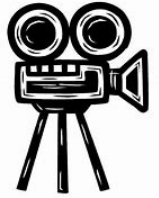
We also have an iPad now so let Tamla know if you would like to complete a video call!

Sarah continues to print off the Sunday Church sermon for residents and this is placed on the side board in the dining room.

Mo continues to come in Tuesday afternoons and all-day Wednesdays to do residents hair and gets tested weekly with the staff. Sharon also gets tested weekly with the staff

Santa joined us as well over Christmas all the way from the North Pole.





Picture gallery

These are some of the photos taken over the Christmas period for everyone to enjoy....









New Year's Celebrations Around the World

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| N | O | I | S | E | P | J | A | T | C | I | T | O | K | P | L | A | T | E | S | E | L |
| R | O | A | Y | W | H | I | P | P | E | D | C | R | E | A | M | T | Y | A | E | R | N |
| G | S | S | M | I | N | E | R | C | R | A | A | M | G | R | A | P | E | S | R | I | D |
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| K | O | E | E | T | S | F | A | B | I | N | A | B | R | C | C | D | R | A | G | O | N |
| S | C | S | L | W | E | N | R | C | G | E | R | A | E | C | K | S | H | T | I | O | E |
| L | K | S | T | I | O | S | Y | A | H | M | T | L | Y | L | C | T | W | I | D | P | W |
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| R | N | R | B | A | L | E | D | R | E | F | I | R | E | W | O | R | K | S | H | I | A |
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|------------|--------------|---------------|-----------------|-----------|
| TRADITIONS | CELEBRATIONS | FOOTBALL | MIDNIGHT | PARADES |
| BELLS | FIREWORKS | JANUARY | NOISE | SUITCASE |
| GRAPES | CLOCK | GOOD LUCK | COSTUME | DRAGON |
| HAPPINESS | NEW YEAR | PLATES | FAMILY | FRIENDS |
| DATE | SYMBOL | WHIPPED CREAM | BLACK EYED PEAS | RING CAKE |



Where are these new year celebrations being held in the world?

