



Chestnuts Care Home Newsletter



March 2021



Welcome

Welcome to the monthly newsletter for The Chestnuts Care Home.

This newsletter is for residents, families and staff and is also published on our website at www.chestnutscarehome.co.uk

Chestnuts Care Home,
Wrotham Road,
Meopham,
Kent,
DA13 9AH
01474 812152

Mocktail making afternoon! Thursday 18th March at 3pm

Join us in the dining room for an afternoon of making mocktails and some sweet treats!



Friday 12th March

Mothering Sunday afternoon
Tea
3pm

Join us in the dining room for afternoon tea!
Celebrating Mother's Day!



Activities with Tamla set out for the week:

Mondays - Daily and Sparkle and Quiz

Tuesdays - Motivation 11am and arts and crafts 3pm

Wednesdays - Manicures

Thursdays - Music afternoon

Fridays - Reminiscing and Daily Sparkle

Mini bus outings!!

We will be going out in the mini bus a few times this month!

Dates to be confirmed dependant on weather!

Tea and cake will be taken with us so if you wish to join us then let Tamla know!!

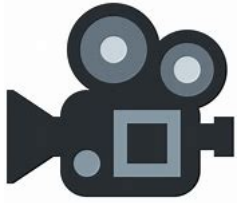


Residents and Staff Birthdays!

Ena - 8th March
Sheila R - 19th March
Bali - 4th March
Perla - 5th March
Elaine - 15th March
Jane 20th March



Through March Tamla will be recording video messages for those that wish to send to their families.



*Wednesday 17th March
St Patrick's Day!!*

We will have decorations up and will be celebrating with cupcakes on our afternoon tea round!!



"World Poetry Day"

Sunday 21st March

On Friday 19th March we will be having a poetry afternoon - all are welcome to bring a Poem to read

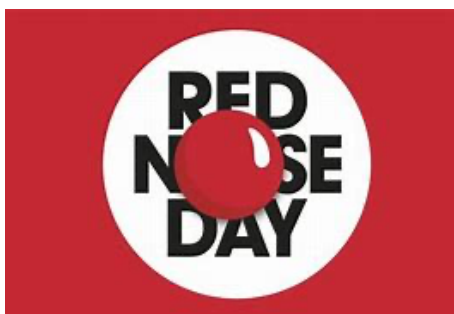


Tuesday 9th March

Red Nose Day Arts and Crafts

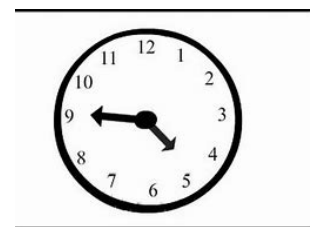
We will be making some arts and craft bits for Red nose Day on Saturday 13th March!

Join us in the dining room with Sharon!



Saturday 21st March

Midnight the clocks will be going forward - if anyone needs help adjusting clocks or watches then please let a member of staff know



Get together with Lesley will be on

*Thursday 11th March
at 2.15pm*

We will be enjoying afternoon tea and cake



Tamla's 1:1 get togethers will be on

Thursday 25th March





Mothering Sunday

If you were in “All Saints” Church, Hartley on Mothering Sunday, you will have seen the children presenting Mothers with a bouquet of daffodils.

Mothering is one of the most important jobs in the world, so what better way to honour a Mother and appreciate her love and care, than by giving flowers. Jesus honoured his mother Mary and even as He hung on the cross he made arrangements for his best friend and His Mother to care for each other (John 19v.26)

A Mother strives to make a good home for her family. A good home it is said is an outpost of Heaven. Blessed are those who welcome others into their homes. It may be, by simply giving hospitality to visitors or even through adoption and fostering.

Visiting is something we often do at Easter. A visit can bring joy and hope not only to the person visited but also to the visitor.

“Lord, help us to visit the unvisited, notice the unnoticed, celebrate the non-celebrities, empower the powerless and put the out of touch with Jesus Christ who is their friend.”

(Prayer of Rev. Anthony Footitt - former Assistant Bishop and Environmental officer in the Diocese of Norwich)

To Mother.....

*For all the times you gently picked me up,
When I fell down,
For all the times you tied my shoes
And tucked me into bed,
Or needed something,
But put me first instead.
For everything we shared,
The dreams, the laughter,
And the tears,
I love you with a ‘Special Love’
That depends every year.*

Aileen Stewart, Room 21



Due to the new Government announcements on Monday we are currently reviewing our visiting guidelines and discussions are being had with relatives and residents. An update will come in due course!!

Staff are now being tested 3 times a week due to the increase in the cases of COVID -19, residents continue to be tested every month, however more if needed or other symptoms occur or new admissions to the home.

Resident testing is going to be Thursday 4th March after lunch.

We also have an iPad now so let Tamla know if you would like to complete a video call!

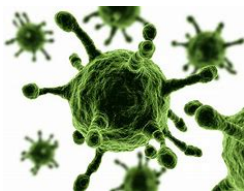
Sarah continues to print off the Sunday Church sermon for residents and this is placed on the side board in the dining room.

Mo continues to come in Tuesday afternoons and all-day Wednesdays to do residents hair and gets tested weekly with the staff. Sharon also gets tested weekly with the staff

We have a new Chiropodist Richard who will also be tested when he comes in. Dates to be confirmed with Tamla!

Coronavirus Update

If you have to go to hospital for a planned appointment or emergency then after your return, we are self-isolating residents for 14 days.



If you drop anything off for residents then please ensure it is labelled and brought to the front of the house and not given to residents out the back.

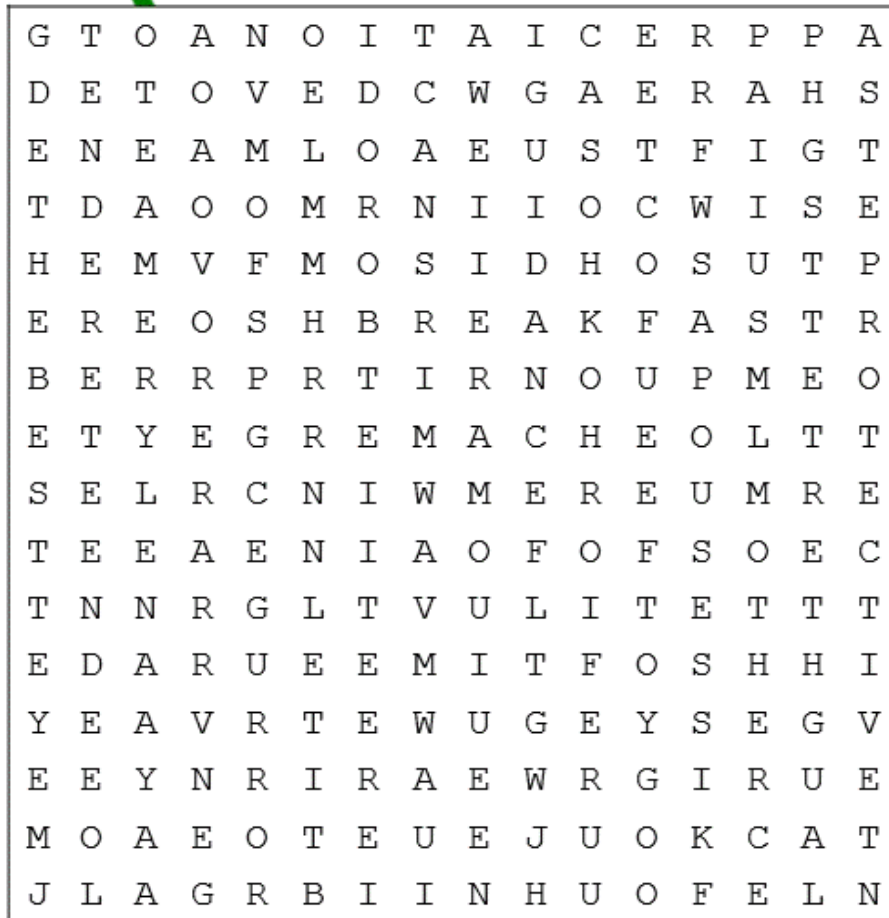
Staff are now being tested 3 times a week and residents are being tested every month.

Please watch the Chestnuts Facebook page for any updates! And Lesley and Sarah continue to send updates to family/relatives.



Mother's Day

Second Sunday of May



APPRECIATION
BEAUTIFUL
BREAKFAST
CANDY
CHARMING
COMFORT
DEVOTED
FLOWERS
FORGIVING
GIFTS

GUIDANCE
HUGS
JEWELRY
JOY
KISSES
LAUGHTER
LOVE
MATERNAL
MOM
MOTHER

NURTURE
PERFUME
PROTECTIVE
SHARE
TELEPHONE
TENDER
THE BEST
WARM
WISE



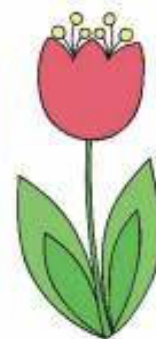
Mother's Day Cryptogram

Can you solve this cryptogram?
The answer is a quote by Abraham Lincoln.



A	B	C	D	E	F	G	H	I	J	K	L	M
21				24				3				

N	O	P	Q	R	S	T	U	V	W	X	Y	Z
	11						20					



A A I A O
 21 16 16 6 9 21 6 3 21 5 11 19

E E O E O E
 24 7 24 19 9 11 23 24 6 11 25 24

I O E O A E
 3 11 22 24 6 11 5 8 21 1 4 24 16

O E
 5 11 6 9 24 19