



# Chestnuts Care Home Newsletter

October 2021



**Welcome**  
 Welcome to the monthly newsletter for The Chestnuts Care Home.

This newsletter is for residents, families and staff and is also published on our website at [www.chestnutscarehome.co.uk](http://www.chestnutscarehome.co.uk)

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Patricia Knapton will be celebrating her 90<sup>th</sup> Birthday on Wednesday 20<sup>th</sup> October!!



Kent Hearing will be here on Friday 29<sup>th</sup> October.

If you have your brown book and would like batteries and your hearing aids services then please let Tamla know and she will add you to the list.

Activities with Tamla set out for the week:

**Mondays** - Daily Sparkle and Quiz

**Tuesdays** - Motivation 11am and arts and crafts 3pm

**Wednesdays** - Manicures

**Thursdays** - Music afternoon

**Fridays** - Reminiscing and Daily Sparkle

Lesley's meeting will be held on Thursday 14<sup>th</sup> October at 2.15pm

Friday 1<sup>st</sup> October and Friday 29<sup>th</sup> October

Sarah or Ebony will be testing all residents




**Staff Birthdays!**

17<sup>th</sup> - Nicola

-31<sup>st</sup> October - Lesley and Marta



Alyson the Vicar will be here on Monday 4<sup>th</sup> October for Communion at 10.45am



Communion

Tamla's 1:1 meeting will be on Thursday 21<sup>st</sup> October



## Important dates in October

1<sup>st</sup> October - Julie Andrews was born 1935

3<sup>rd</sup> October - National Grandparents Day!!



October 7<sup>th</sup> - National poetry day

13<sup>th</sup> October - Margaret Thatcher was born in 1925

25<sup>th</sup> October - Pablo Picasso was born in 1881



31<sup>st</sup> October HALLOWEEN!!

October

s month



The clock will be going back on Sunday  
31<sup>st</sup> October



We will be arranging an outing in the mini  
bus.

We plan on going for a drive out into the  
country  
side and stopping for a piece of cake and a  
cuppa!



## **Dora Moat**

Many of you will remember Dora Moat who, with her sister Hilda, was a regular attender at Chalk Church. Dora is now aged 94 and is a little frail, needing a walking frame to get around, but she lives very happily in The Chestnuts in Meopham where she is enjoying excellent care.

Hilda and Dora's next door neighbour in Lower Higham Road was Pauline Smith and Pauline has very kindly provided some information about Dora's background which will be of interest to those who know Dora. Pauline visits her every week and describes her as "a Christian woman in every sense".

Dora was born in Deal where the family lived before moving to Higham and later buying their newly built bungalow in Lower Higham Road. From a young age Dora made it clear that she wanted to become a midwife. She started her training at a children's hospital in East Grinstead and from there went to the Royal Free to begin nursing and midwifery. After finishing at the Royal Free she found a placement working on the district in Boughton Monchelsea. It was here that she learned to drive a car when the distance to be covered each day by bicycle became a bit too much. When their father died, Dora came back to Chalk to help Hilda with the care of their mother. She was, however, able to carry on her midwifery in the Medway area.

Some will know that both sisters produced exquisite knitting and crochet work, they were very keen gardeners (plenty of home grown fruit and vegetables) and were always happy to help out where they could, this included the Torch Trust and Care Club.

Hilda and Dora moved to a flat in Wrotham Road in June 2006 but it was after Hilda passed away in August 2009 that Dora became lonely and unhappy. She visited the Chestnuts in Meopham for a day and liked it so much that she moved into the home permanently in August 2015.

Thank you very much to Pauline for keeping us in touch with Dora. Pauline and Graham have new neighbours in Lower Higham Road – their daughter and son-in-law and their two children Abbie and Max. How lovely for the family and especially for Dora.

*Hilda and Dora were confirmed at Chalk Church on 17<sup>th</sup> November 2005 – a memorable day for me too! Hon Ed.*